



SEPTEMBER 27, 2020

"All the science of the Saints is included in these two things: To do, and to suffer. And whoever has done these two things best, has made himself most saintly."

— Saint Francis de Sales

"By accepting the sufferings 'offered' by life and allowed by God for our progress and purification, we spare ourselves much harder ones. We need to develop this kind of realism and, once and for all, stop dreaming of a life without suffering or conflict. That is the life of heaven, not earth. We must take up our cross and follow Christ courageously every day; the bitterness of that cross will sooner or later be transformed into sweetness."

— Fr. Jacques Philippe, p. 49